

**THE MALTA COLLEGE OF PHARMACY PRACTICE**  
PROFESSIONAL DEVELOPMENT PROGRAMME  
**IS BEING SUPPORTED BY**



**Renewal of Membership**

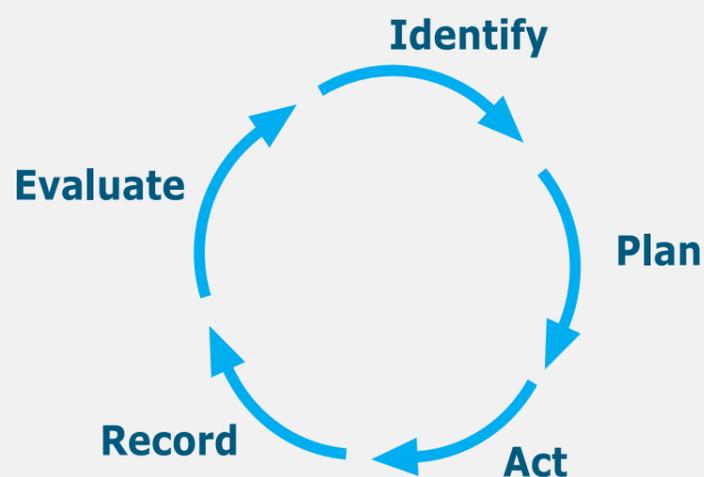
October 2008 - September 2009

- €22 Full Member (≥30 credits)
- €25 Associate Member (< 30 credits)
- €25 New Member

For clarification of membership status and amount payable you may send an email to: [registrar@mcppnet.org](mailto:registrar@mcppnet.org)

In the interest of efficiency we would like to urge pharmacists to pay their membership in advance. Cheques payable to The Malta College of Pharmacy Practice Cheques should be mailed to:  
Dr Maria Cordina, President  
Malta College of Pharmacy Practice  
c/o Department of Pharmacy  
University of Malta, Msida

**Continuing Professional Development Cycle**



- Identify knowledge gaps through personal assessment
- Select appropriate learning activities
- Participate in activities
- Document activities as proof of participation
- Evaluate the success of your activity

| Session                | Date        | Book by    |
|------------------------|-------------|------------|
| 1 Hair loss            | 23 October  | 16 October |
| 2 Erectile dysfunction | 30 October  | 23 October |
| 3 BPH & PC             | 6 November  | 30 October |
| 4 LOH                  | 13 November | 6 November |
| 5 Cancer C&R           | 6 November  | 6 November |

**Exclusive attendance**

All registered pharmacists are invited to become members of the Malta College of Pharmacy Practice and attend. Only registered pharmacists are eligible to become members of the College and thus participate in the events organised.

Students wishing to attend should send an email to: [president@mcppnet.org](mailto:president@mcppnet.org)

**BOOKING**

may be placed preferably by email [info@mcppnet.org](mailto:info@mcppnet.org) or by phone 7947 0720

Update your details online  
[www.mcppnet.org](http://www.mcppnet.org)



Malta College of Pharmacy Practice

c/o Department of Pharmacy  
University of Malta  
Msida MSD 06 • Malta  
Tel: (356) 2340 2908  
[www.mcppnet.org](http://www.mcppnet.org)

**MALTA COLLEGE OF PHARMACY PRACTICE**

**CONTINUING PROFESSIONAL DEVELOPMENT PROGRAMME**  
AUTUMN 2008

in collaboration with  
Department of Pharmacy  
Department of Clinical Pharmacology & Therapeutics  
University of Malta



David, Michelangelo Buonarroti

**Men's Health**

**Dear Colleagues**

Various topics specifically related to men's health were, in the past, not given sufficient attention possibly because treatment/management options were limited. Recent advances in science and technology has enabled better understanding of these health issues and has offered feasible management options.

We have assembled a first class team of who will provide an excellent update in this area. We would like to thank all our speakers who have agreed to prepare and facilitate these workshops and to the sponsors for their ongoing support.

Pharmacists need to have a good understanding of these health problems and their management to enable them to be proactive in prevention and management of these conditions.

**Maria Cordina**

BPharm(Hons), PhD(QUB), Dip Health Outcomes Research  
President, Malta College of Pharmacy Practice

| SESSION 1  | SESSION 2   | SESSION 3   | SESSION 4   | SESSION 5  |
|--|---|---|---|--|
| <p><b>Hair Loss</b></p> <p><b>Scope</b><br/>Samson's strength was his hair. He lost his sense of great strength and was taken prisoner, when his hair was cut off. Similar to this biblical figure, men who experience early hair loss, in a way, suffer a form of 'Samson Syndrome' which is characterised by, a loss of self-perception of attractiveness and lack of confidence. Looking at treatment options and understanding the anxiety and frustration, this condition can lead to, is a good initiative to take an active and positive approach to this situation. Pharmacists should be able to offer their professional advice and to give confidentiality reassurance to such patients.</p> <p><b>Objectives</b></p> <ul style="list-style-type: none"> <li>To understand the phases of hair growth</li> <li>To provide an overview on the different types of men hair loss focusing mainly on Androgenic Alopecia</li> <li>To provide an insight on the main treatment available and the advice that should be given basing it on realistic expectations</li> </ul> <p><b>Learning objectives</b><br/>By the end of the session pharmacists will be able to:</p> <ul style="list-style-type: none"> <li>Identify the causative and characteristic factors of hair loss</li> <li>Understand the appropriate management strategies</li> <li>Advise on medications</li> <li>Identify patients requiring referral</li> </ul> <p><b>Delivered by</b><br/><b>Alison Anastasi</b><br/>B Pharm (Hons), PQD (Nutr &amp; Diet), MSc (Clin Pharm)<br/>Pharmacist, Mater Dei Hospital</p> | <p><b>Erectile Dysfunction</b></p> <p><b>Scope</b><br/>Erectile dysfunction (ED), is a common problem, which impacts significantly on the perception of well being in men. Nowadays it is recognised that it can be a marker of significant underlying cardiovascular disease. The session will provide details of management of this condition.</p> <p><b>Objectives</b></p> <ul style="list-style-type: none"> <li>To provide an overview of the erectile physiology</li> <li>To discuss treatment options particularly pharmacotherapy</li> <li>To highlight the limitations of pharmacotherapy</li> </ul> <p><b>Learning objectives</b><br/>By the end of the session pharmacists will:</p> <ul style="list-style-type: none"> <li>Have a better understanding of ED</li> <li>Be familiar with drugs used in treatment of ED</li> <li>Be in a better position to identify, drug misadventure related to drugs used in the management of ED.</li> </ul> <p><b>Delivered by</b><br/><b>Steve Mattocks</b><br/>MD FRCS(Urol) FEBU<br/>Consultant Urologist, Mater Dei Hospital</p> | <p><b>Benign Prostatic Hyperplasia and Prostate Cancer</b></p> <p><b>Scope</b><br/>Benign Prostatic Hyperplasia (BPH) is an extremely common condition. Nowadays, there are good medical treatment options for this condition. There is increased awareness regarding prostate cancer, a condition which usually affects older men. Health care professionals need to be better informed on this condition to be in a better position to act in the best interest of patients.</p> <p><b>Objectives</b></p> <ul style="list-style-type: none"> <li>To provide an overview of BPH and common risk factors for developing BPH</li> <li>To give an overview of therapeutic management of BPH</li> <li>To provide an overview of prostate cancer and its treatment options</li> </ul> <p><b>Learning objectives</b><br/>By the end of the session pharmacists:</p> <ul style="list-style-type: none"> <li>Will have a better understanding of BPH</li> <li>Be in a better position to inform patients on BPH</li> <li>Better understand issues related to prostate cancer such as prevention and screening tests.</li> <li>Better appreciate the mechanism of action of the LHRH analogues used in prostate cancer.</li> </ul> <p><b>Delivered by</b><br/><b>Steve Mattocks</b><br/>MD FRCS(Urol) FEBU<br/>Consultant Urologist, Mater Dei Hospital</p> | <p><b>Late Onset Hypogonadism</b></p> <p><b>Scope</b><br/>Over the past 10 years there has been a significant interest in the possible connection between the age-related decline in androgen production and symptoms of ageing in men. Late onset Hypogonadism (LOH) is a clinical and biochemical syndrome associated with a deficiency in serum testosterone occurring in adult males. Manifestations include diminished sexual interest and performance, depression, lack of energy and vitality, anemia, decreased bone density and muscle mass. This session aims to familiarize participants with the concept of LOH</p> <p><b>Objectives</b></p> <ul style="list-style-type: none"> <li>To define LOH</li> <li>To provide an overview of LOH</li> <li>To discuss the management of subjects with this condition</li> </ul> <p><b>Learning objectives</b><br/>By the end of the session pharmacists will:</p> <ul style="list-style-type: none"> <li>Appreciate the key problematic issues in the diagnosis of LOH</li> <li>Be familiar with the pharmacological management of LOH</li> <li>Identify safety issues in the treatment of male androgen deficiency</li> <li>Be aware of the possible association of androgen deficiency with chronic conditions such as metabolic syndrome and diabetes</li> </ul> <p><b>Delivered by</b><br/><b>Josanne Vassallo</b><br/>MD PhD, FRCP, FACP, FACE<br/>University of Malta Medical School and Diabetes and Endocrine Centre, Mater Dei Hospital</p> | <p><b>Colorectal Cancer</b></p> <p><b>Scope</b><br/>In Europe, the incidence of colorectal cancer is on the increase. It has become the third most common cancer after breast and lung and the second leading cause of cancer-related death in the Western world. The first symptoms of colon cancer are usually vague and rare until the tumor has grown to a large size. Recognition of early symptoms could be life-saving.</p> <p><b>Objectives</b></p> <ul style="list-style-type: none"> <li>To give a brief overview of the incidence and prognosis of colon cancer</li> <li>To identify symptoms of colon cancer.</li> <li>To identify metastatic symptoms.</li> <li>To indicate risk factors for developing colorectal cancer</li> <li>To discuss the diagnosis, screening and monitoring.</li> </ul> <p><b>Learning objectives</b><br/>By the end of the session pharmacists will be able to:</p> <ul style="list-style-type: none"> <li>Identify which patient complaints should be referred for specialist follow-up.</li> <li>Advise patients regarding preparation required prior to investigations.</li> <li>Highlight patients at increased risk of developing colorectal cancer and monitoring required.</li> <li>Give basic general information to patient regarding management of colorectal cancer</li> </ul> <p><b>Delivered by</b><br/><b>Valerie Vella</b><br/>B Pharm(Hons) MSc(Aberdeen) MPharmS<br/>Senior Clinical Pharmacist, Mater Dei Hospital</p> |
| <p><b>Date</b> Thursday, 23 October 2008<br/><b>Time</b> 19:30 for 20:00<br/><b>Venue</b> Lecture Centre, Car Park 2 University of Malta<br/><b>Book by</b> Thursday, 16 October 2008</p> <p>This workshop provides 4 credits towards the MCPP continuing education requirement.</p>   | <p><b>Date</b> Thursday, 30 October 2008<br/><b>Time</b> 19:30 for 20:00<br/><b>Venue</b> Lecture Centre, Car Park 2 University of Malta<br/><b>Book by</b> Thursday, 23 October 2008</p> <p>This workshop provides 4 credits towards the MCPP continuing education requirement.</p>  | <p><b>Date</b> Thursday, 6 November 2008<br/><b>Time</b> 19:30 for 20:00<br/><b>Venue</b> Lecture Centre, Car Park 2 University of Malta<br/><b>Book by</b> Thursday, 30 October 2008</p> <p>This workshop provides 4 credits towards the MCPP continuing education requirement.</p>  | <p><b>Date</b> Thursday, 13 November 2008<br/><b>Time</b> 19:30 for 20:00<br/><b>Venue</b> Lecture Centre, Car Park 2 University of Malta<br/><b>Book by</b> Thursday, 6 November 2008</p> <p>This workshop provides 4 credits towards the MCPP continuing education requirement.</p>   | <p><b>Date</b> Thursday, 20 November 2008<br/><b>Time</b> 19:30 for 20:00<br/><b>Venue</b> Lecture Centre, Car Park 2 University of Malta<br/><b>Book by</b> Thursday, 13 November 2008</p> <p>This workshop provides 4 credits towards the MCPP continuing education requirement.</p>   |

**PHARMACEUTICAL CARE**

*...is the responsible provision of drug therapy for the purpose of achieving definite outcomes that improve a patient's quality of life...  
...is provided for the direct benefit of the patient and the pharmacist is responsible directly to the patient for the quality of that care."*

C.D. Hepler