



Malta College
of Pharmacy Practice

www.mcppnet.org

MALTA COLLEGE OF PHARMACY PRACTICE

CONTINUING PROFESSIONAL DEVELOPMENT PROGRAMME AUTUMN 2014

in collaboration with
Department of Clinical Pharmacology & Therapeutics, University of Malta



Focus on Dermatology

DEAR COLLEAGUES

We have decided to address the management of dermatological conditions because they rank as one of the commonest conditions that pharmacists encounter in their daily practice. We have put together a programme based on feedback from our members. Participants have ample opportunity to interact with the speakers during the informal Q&A time to clarify any unresolved issues or explore a topic further. We thus encourage you to become members and participate fully in these sessions. We would like to thank our speakers for accepting our invitation to address our members. A very big thank you to our sponsors for supporting this session.

Maria Cordina

BPharm (Hons) (Melit) PhD (QUB)

President, Malta College of Pharmacy Practice

SESSION 1**Common facial dermatoses****Scope**

Facial dermatoses adversely affects the physical health and wellbeing of the individual. This session will seek to highlight various aspects of this condition and its management.

Objectives

- To highlight typical presentations of common facial dermatoses, namely acne vulgaris, acne rosacea, seborrhoeic dermatitis and melasma
- To outline current management recommendations
- To point out potential pitfalls in management

Learning objectives

By the end of the session pharmacists will:

- Be aware of current treatment guidelines
- Be confident in advising patients appropriately when dispensing medication
- Be able to direct patients accordingly when OTCs fail

Delivered by**Lawrence Scerri**

MD, FRCP (Lond., Glasg.), CCST Derm (UK), FAAD

Chairman Department of Dermatology & Venereology
Senior Lecturer, University of Malta

DATE Tuesday, 21 October 2014
TIME 19:45 for 20:00
VENUE Lecture Centre, Car park 2
University of Malta
BOOK BY Tuesday, 14 October 2014

This workshop provides 4 credits towards the MCPP continuing education requirement.

SESSION 2**Cutaneous side effects of drugs used in rheumatology**

Rheumatology is living exciting times with the advent of targeted therapies like the biological agents and the great benefits they afford to patients with severe disease. This constitutes a major scientific advance but the cost of these medications assures us that the older preparations will be around for a considerable time. It thus is crucial for all health care professionals involved in their management

Objectives

To highlight the dermatological side effects of:

- The biological agents
- The analgesics and anti inflammatory agents that are widely prescribed in both family and hospital practice

Learning objectives

By the end of the session pharmacists will be able to:

- Appreciate the potential wide spectrum of side effects on the skin most mild, some life threatening
- In many instances be in a position to influence the outcome
- Educate the patient (and the family) on what might happen albeit rarely, so that action can be taken swiftly in the event of complications
- In the words of BadenPowell to his Boy Scouts
BE PREPARED

Delivered by**Joseph Pace**

MD FRCPedin FRCP Lond F.Coll Phys(Phila)

Clinical Professor of Dermatology Jefferson Medical College Philadelphia; Fellow EADV, AAD, and American Dermatology Association; Hon Member of Bulgarian, Serbian, Polish, Romanian, Dermatological Societies; Editorial Board: JEADV, and SkinMed; President MADV

DATE Tuesday, 28 October 2014
TIME 19:45 for 20:00
VENUE Lecture Centre, Car park 2
University of Malta
BOOK BY Tuesday, 21 October 2014

This workshop provides 4 credits towards the MCPP continuing education requirement.

SESSION 3**Common skin infections****Scope**

Skin infections and infestations are encountered on a regular basis in pharmacy practice and are often a cause of concern for patients because of their risk of transmission, their impact on appearance or their symptomatology, eg pain or itch. Some can be treated successfully with OTC products, making the pharmacist an important first point of reference.

Objectives

- To provide an overview of the commonest viral and bacterial skin infections and parasitic skin infestations (fungal skin infections will be addressed in another lecture)
- To discuss the different treatment options for each condition, including local treatment guidelines
- To provide further advice that can be offered to the patient, eg on how to reduce transmission and the risk of recurrence

Learning objectives

By the end of the session pharmacists will be able to:

- Recognize the commonest viral and bacterial skin infections and parasitic skin infestations
- Have a good understanding of the different treatment options – when to treat with OTCs and when to refer for prescription treatment or surgical interventions
- Better understand what advice to offer patients on how to reduce transmission, relieve symptomatology and reduce the risk of recurrence

Delivered by**Susan Aquilina**

MD, FRCP (UK)

Consultant Dermatologist
Sir Paul Boffa Hospital

DATE Tuesday, 4 November 2014
TIME 19:45 for 20:00
VENUE Lecture Centre, Car park 2
University of Malta
BOOK BY Tuesday, 28 October 2014

This workshop provides 4 credits towards the MCPP continuing education requirement.

PHARMACEUTICAL CARE

*...is the responsible provision of drug therapy for the purpose of achieving definite outcomes that improve a patient's quality of life...
...is provided for the direct benefit of the patient and the pharmacist is responsible directly to the patient for the quality of that care."*

C.D. Hepler

SESSION 4

Atopic dermatitis & psoriasis: what's new?

Scope

An update on the pathophysiology, clinical presentation, and management of these two classical chronic dermatological conditions, of which one made it into the Schedule 5 list and one did not!

Objectives

- To provide an update on the pathophysiology, clinical presentation, and management of atopic dermatitis and the relation to heredity, asthma, stress, and environmental factors
- To discuss the management which will involve removal of any aggravating factors, extensive use of emollients, and judicious use of topical steroids
- To address the use of calcineurin inhibitors
- To discuss psoriasis with reference to genetic factors, possible extra cutaneous complications including metabolic syndrome, aggravating factors including certain drugs, and modern modes of therapy including biological agents

Learning Objectives

By the end of the session pharmacists will be able to:

- Have a better appreciation of the two conditions
- Be in position to advise patients accordingly

Delivered by:

Joseph Pace

MD FRCP(Edin) FRCP(Lond) F.Coll Phys(Phila)

Clinical Professor of Dermatology Jefferson Medical College Philadelphia; Fellow EADV, AAD, and American Dermatology Association; Hon Member of Bulgarian, Serbian, Polish, Romanian, Dermatological Societies; Editorial Board: JEADV, and SkinMed; President MADV

DATE Tuesday, 11 November 2014
TIME 19:45 for 20:00
VENUE Lecture Centre, Car park 2
 University of Malta
BOOK BY Tuesday, 4 November 2014

This workshop provides 4 credits towards the MCPP continuing education requirement.

SESSION 5

Fungal infections of the skin, hair & nails

Scope

Fungal infections of the skin, hair and nails are common and although they are not life-threatening may cause considerable morbidity. Affected patients often seek the pharmacist's advice about them. This session will provide an overview of diagnosis and management of fungal infections of the skin, hair and nails relevant to pharmacy practice.

Objectives

- To provide an overview of the diagnosis of common cutaneous infections
- To discuss the management of these common conditions

Learning Objectives

By the end of the session, pharmacists will

- Have updated knowledge of diagnosis of common cutaneous fungal infections
- Be in a better position to provide the right information to patients
- Have increased confidence in counselling patients about pharmacological & non-pharmacological management of common cutaneous fungal infections.

Delivered by

Michael J. Boffa

M.D., F.R.C.P. (Lond), F.R.C.P.(Edin), M.Sc.(Derm)(Lond), D.Derm (Lond), D.G.U.M.(Lond)

Consultant Dermatologist & Senior Lecturer in Dermatology, Sir Paul Boffa Hospital, Floriana

DATE Tuesday, 18 November 2014
TIME 19:45 for 20:00
VENUE Lecture Centre, Car park 2
 University of Malta
BOOK BY Tuesday, 11 November 2014

This workshop provides 4 credits towards the MCPP continuing education requirement.

SESSION 6

Wound care and tissue viability – different types of dressing

Scope

A wound dressing does not heal the wound but provides the optimum environment for wound healing. The different properties of different wound products help to provide this environment depending on the wound/ ulcers, patient and what the clinician is expecting of the wound. Wound care is a dynamic process and in the majority of cases different wound care modalities need to be applied according to the wound progress until healing is achieved.

Some products have similar properties but others if applied may have a contradictory mode of action.

Objectives

- To provide an overview of the main phases of wound healing, following the TIME paradigm
- To provide an overview of different aetiologies of common chronic ulcers with factors that impact on healing
- To describe the classification of wound products
- To discuss features of recommended wound products

Learning Objectives

By the end of the session pharmacists will:

- Be able to distinguish between a healing and a non-healing wound
- Be aware of factors that delay wound healing
- Identify treatment modalities necessary in conjunction with wound management for wound healing
- Understand the importance of appropriate referral to specialist care

Delivered by

Miriam Wubbels Cassar

MSc (Hertfordshire)

Tissue Viability Nurse, Mater Dei Hospital

DATE Tuesday, 25 November 2014
TIME 19:45 for 20:00
VENUE Lecture Centre, Car park 2
 University of Malta
BOOK BY Tuesday, 18 November 2014

This workshop provides 4 credits towards the MCPP continuing education requirement.

THE MALTA COLLEGE OF PHARMACY PRACTICE
PROFESSIONAL DEVELOPMENT PROGRAMME - AUTUMN 2014

IS BEING SUPPORTED BY



NOVARTIS



Renewal of Membership

OCTOBER 2014 - SEPTEMBER 2015

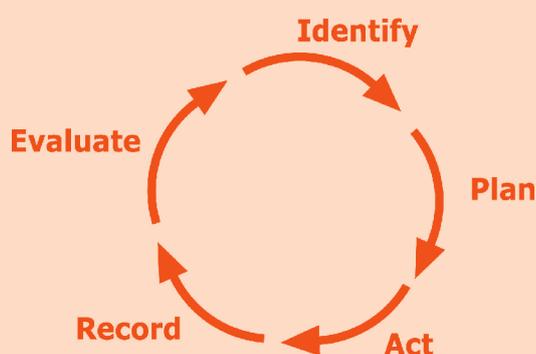
- €22 Full Member (≥30 credits)
- €25 Associate Member (< 30 credits)
- €25 New Member

For clarification of membership status and amount payable you may send an email to: registrar@mcppnet.org

In the interest of efficiency we would like to urge pharmacists to pay their membership in advance.

Cheques should be made payable to:
The Malta College of Pharmacy Practice
Cheques should be mailed to:
Prof. Maria Cordina, President
Malta College of Pharmacy Practice
c/o Department of Clinical Pharmacology & Therapeutics
University of Malta, Msida

Continuing Professional Development Cycle



- Identify knowledge gaps through personal assessment
- Select appropriate learning activities
- Participate in activities
- Document activities as proof of participation
- Evaluate the success of your activity

The influence of beliefs about medicines on adherence to therapy

Date: Wednesday 5th November • **Time:** 1:30pm • **Venue:** MDH
Joint CPD session, MCPP MAHP MDH
Prof Judith Barr, School of Pharmacy, Northeastern University
Boston MA, USA

Session	Date	Book by
1 Facial Dermatoses	21 October	14 October
2 Rheumatology Drugs SE	28 October	21 October
3 Common Skin Infections	4 November	28 October
4 Dermatitis & Psoriasis	11 November	4 November
5 Fungal Infections	18 November	11 November
6 Wound Care	25 November	18 November

Exclusive attendance

All registered pharmacists are invited to become members of the Malta College of Pharmacy Practice and attend. Only registered pharmacists are eligible to become members of the College and thus participate in the events organised.

Students wishing to attend should send an email to: president@mcppnet.org | SMS: 7920 9249

BOOKING

may be placed preferably by email
info@mcppnet.org

Update your details online
www.mcppnet.org



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