

RISKS ASSOCIATED WITH LAXATIVE ABUSE

DATE Wednesday, 28 March 2001
TIME 19:30 for 20:00

VENUE
 Department of Pharmacy
 University of Malta

BOOK BY
 Wednesday, 21 March 2001

This workshop provides 4 credits towards
 the MCPP Continuing Education Requirement

Scope

The abuse of laxatives represents a very commonly encountered problem. This workshop will highlight the adverse effects and the risks that the patients who rely extensively on laxative use, either to attain regular bowel movement, or to achieve weight loss, run. Emphasis will also be placed on how pharmacists can interact positively with patients in order to help them adopt a healthier lifestyle with a minimum side effect profile.

Delivered by

Claire Zerafa B.Pharm (Hons), M.Phil. M.A. (Dip Stud.)
 Assistant Lecturer
 Department of Pharmacy
 University of Malta

Objectives

- to associate the degree of risk and side effect profile with laxative category.
- to appreciate how judicious patient interview can help to achieve patients' expectations with respect to bowel movement and weight control, while exposing them to minimum risk.
- to be able to suggest viable alternatives as a result of which, patients will be able to enjoy a healthier lifestyle.

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DIETARY MANAGEMENT OF FOOD ALLERGIES

DATE Wednesday, 04 April 2001
TIME 19:30 for 20:00

VENUE
 Department of Pharmacy
 University of Malta

BOOK BY
 Wednesday, 28 March 2001

This workshop provides 4 credits towards
 the MCPP Continuing Education Requirement

Scope

Increasingly, food sensitivities and adverse food reactions are being recognised today as health problems which need to be clearly diagnosed and treated. Coeliac disease and lactose intolerance are just two examples where a thorough knowledge of the condition and elimination of the offending ingredients in foods will abolish the symptoms associated with these conditions.

Delivered by

Claire Copperstone B.Pharm (Hons), RPH Nutr.
 Assistant Lecturer
 Institute of Health Care
 University of Malta

Objectives

- Develop the concept of the elimination diet and provide information on how to keep a food diary
- Emphasise on the importance of nutrition education in the sufferer with particular reference to strict avoidance of the foods which might contain the allergens
- Provide information on how to interpret the food label so as to avoid particular ingredients

Sponsored by

Aventis

APPLICATION FORM

Please tick next to the workshop/s you wish to attend and return to the address overleaf. Bookings received after the closing dates shall not be considered.

Workshop Title	Workshop Date (Wednesdays)	Closing Date (Wednesdays)
<input type="checkbox"/> GI Pathophysiology	28 February	21 February
<input type="checkbox"/> Inflammatory Bowel Disease	07 March	28 February
<input type="checkbox"/> GORD	14 March	07 March
<input type="checkbox"/> Peptic Ulcer Disease	21 March	14 March
<input type="checkbox"/> Laxative Abuse	28 March	21 March
<input type="checkbox"/> Food Allergies	04 April	28 March

Your Particulars

Name _____ Daytime Tel No _____

Address _____

Signature _____ Date _____

PLEASE NOTE
 Bookings are being taken over the phone
 by Ms Agnes Zerafa on 3290 2902
 or e-mail
 mcor1@um.edu.mt

In order to keep evenings running smoothly,
 kindly avoid booking for workshops unless
 you are sure of participating.

Winter 2001



Malta College
 of Pharmacy Practice

PROFESSIONAL DEVELOPMENT

programme

All workshops organised
 by the MCPP are free of charge
 to Members.

Malta College of Pharmacy Practice
 c/o Department of Pharmacy
 University of Malta
 Msida MSD 06
 Malta

Tel: 3290 2902

PROFESSIONAL DEVELOPMENT

programme

Dear colleague,

The management of gastrointestinal conditions has an effect on the patients' quality of life and also has a substantial pharmacoeconomic impact. Research conducted in this area has provided us with a better insight into the underlying cause. This has led to the manufacture and availability of new drugs on the market and also updated treatment protocols for gastrointestinal disease.

It is at times necessary for drugs to be prescribed and dispensed to treat a particular condition, however, these same drugs may be causing significant GI damage there by increasing morbidity and management costs. It is therefore essential for these issues to be addressed and possible workable solutions suggested.

We would like to thank our speakers who have voluntarily agreed to facilitate these workshops and the sponsoring pharmaceutical companies for their support.

Maria Cordina B. Pharm. (Hons.) Ph.D. (QUB)
President, Malta College of Pharmacy Practice

MANAGEMENT GUIDELINES

FOR GASTRO-OESOPHAGEAL REFLUX DISEASE

DATE Wednesday, 14 March 2001
TIME 19:30 for 20:00

VENUE
Department of Pharmacy
University of Malta

BOOK BY
Wednesday, 07 March 2001

This workshop provides 4 credits towards the MCPP Continuing Education Requirement

Scope

Gastro-oesophageal reflux disease (GORD) is a common problem. In some patients it is mild and self-limiting, but in others it can be a chronic disorder with serious consequences. The presentation will focus on evidence-based guidelines for the treatment of GORD and how pharmaceutical care can be applied to improve clinical outcome.

Objectives

- To provide updated information on the steps involved in the treatment of this disorder.
- To illustrate practical ways by which the pharmacist can contribute in the effective management of patients suffering from GORD.

Delivered by

Marise Gauci B. Pharm (Hons)
Assistant Lecturer
Department of Pharmacy, University of Malta

Sponsored by

Janssen-Cilag

UPPER GASTROINTESTINAL PATHOPHYSIOLOGY

DATE Wednesday, 28 February 2001
TIME 19:30 for 20:00

VENUE
Department of Pharmacy
University of Malta

BOOK BY
Wednesday, 21 February 2001

This workshop provides 4 credits towards the MCPP Continuing Education Requirement

Scope

The diagnosis and management of upper gastrointestinal disease requires the understanding of its basic physiology and pathology. An overview of upper gastrointestinal physiology as related to some major diseases will be given. Gastro-oesophageal motility disorders and reflux, Barrett's oesophagus, helicobacter infections and their consequences will be discussed.

Objectives

- To revise basic pathophysiological concepts
- To give the latest insights into what can go wrong and why this does happen
- To discuss some major diagnostic and therapeutic dilemmas that face gastroenterologists today

Delivered by

Mario Stellini MD, MRCP(UK), FRCSEd (A&E), DIMC
Senior Assistant in Gastroenterology
St. Luke's Hospital

Sponsored by

Janssen-Cilag

TREATMENT STRATEGIES FOR PEPTIC ULCER DISEASE

DATE Wednesday, 21 March 2001
TIME 19:30 for 20:00

VENUE
Department of Pharmacy
University of Malta

BOOK BY
Wednesday, 14 March 2001

This workshop provides 4 credits towards the MCPP Continuing Education Requirement

Scope

The therapeutic management of peptic ulcer disease (PUD) includes the relief of symptoms, ulcer healing as well as the prevention of recurrence and complications. The presentation will focus on the current recommendations for the treatment of PUD.

Objectives

- To provide an update of the clinical evidence with respect to the management of PUD.
- To highlight the issues of controversy in the management of this patient group.

Delivered by

Marise Gauci B. Pharm (Hons)
Assistant Lecturer
Department of Pharmacy, University of Malta

Sponsored by

Astra Zeneca

MANAGEMENT OF INFLAMMATORY BOWEL DISEASE

DATE Wednesday, 07 March 2001
TIME 19:30 for 20:00

VENUE
Department of Pharmacy
University of Malta

BOOK BY
Wednesday, 28 February 2001

This workshop provides 4 credits towards the MCPP Continuing Education Requirement

Scope

Inflammatory Bowel Disease (IBD) can often be very difficult to manage and can give rise to major patient morbidity. The talk will discuss what therapeutic options are available and also give an insight into recent advances in the management of these patients.

Objectives

- To revise basic pathophysiology of IBD
- To discuss what therapeutic options are available and when these should be used
- Recent breakthroughs in the management of IBD

Delivered by

Mario Stellini MD, MRCP(UK), FRCSEd (A&E), DIMC
Senior Assistant in Gastroenterology
St. Luke's Hospital

Sponsored by

Solvay

PHARMACEUTICAL CARE

“...is the responsible provision of drug therapy for the purpose of achieving definite outcomes that improve a patient's quality of life...”

...is provided for the direct benefit of the patient and the pharmacist is responsible directly to the patient for the quality of that care.”

We would like to thank our sponsors:

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