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**MALTA COLLEGE OF PHARMACY PRACTICE**

**CONTINUING PROFESSIONAL DEVELOPMENT PROGRAMME WINTER 2009**

**Renewal of Membership**

October 2008 - September 2009

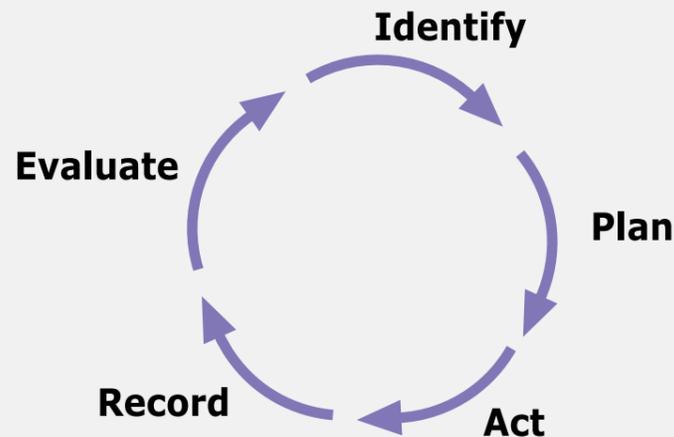
- €22 Full Member (≥30 credits)
- €25 Associate Member (< 30 credits)
- €25 New Member

For clarification of membership status and amount payable you may send an email to: [registrar@mcppnet.org](mailto:registrar@mcppnet.org)

In the interest of efficiency we would like to urge pharmacists to pay their membership in advance. Cheques payable to The Malta College of Pharmacy Practice Cheques should be mailed to:  
 Dr Maria Cordina, President  
 Malta College of Pharmacy Practice  
 c/o Department of Pharmacy  
 University of Malta, Msida

in collaboration with  
 Department of Pharmacy  
 Department of Clinical Pharmacology & Therapeutics  
 University of Malta

**Continuing Professional  
 Development Cycle**



- Identify knowledge gaps through personal assessment
- Select appropriate learning activities
- Participate in activities
- Document activities as proof of participation
- Evaluate the success of your activity

Session	Date	Book by
1 Wound Management	27 January	20 January
2 Photosens. & Photoag.	3 February	27 January
3 Acne and PCOS	11 February	3 February
4 Psoriasis	17 February	11 February
5 Acne	24 February	17 February
6 Drug Induced	3 March	24 February

**Exclusive attendance**

All registered pharmacists are invited to become members of the Malta College of Pharmacy Practice and attend. Only registered pharmacists are eligible to become members of the College and thus participate in the events organised.

Students wishing to attend should send an email to: [president@mcppnet.org](mailto:president@mcppnet.org)

**BOOKING**

may be placed preferably by email [info@mcppnet.org](mailto:info@mcppnet.org)  
 or by phone 7947 0720

Update your details online  
[www.mcppnet.org](http://www.mcppnet.org)



**Skin**

**Dear Colleagues**

Due to popular demand we are devoting the winter 2009 session to the management of skin conditions and wounds. We fully appreciate the need for pharmacists to be updated on these topics. Therefore we have assembled a group of leading specialists in the respective fields who will provide a current overview on these topics.

We would like to thank all our speakers who have kindly agreed to prepare and facilitate these workshops and to the sponsors for their ongoing support.

**Maria Cordina**

BPharm(Hons), PhD(QUB), Dip Health Outcomes Research  
President, Malta College of Pharmacy Practice

C.D. Hepler

SESSION 1 Wound Management	SESSION 2 Photosensitivity and Photoaging	SESSION 3 Relationship between Acne and PCOS	SESSION 4 Psoriasis	SESSION 5 Acne Vulgaris	SESSION 6 Drug-induced skin reactions
<p><b>Scope</b> To increase awareness on the importance that lies between wound types and categories, and the treatment/therapy for each</p> <p><b>Objectives</b></p> <ul style="list-style-type: none"> <li>To know how to assess a problem wound.</li> <li>To differentiate between one wound and another.</li> <li>To identify the right dressing or wound therapy for a specific wound type.</li> <li>To have the patients' wound/s heal as quickly as possible.</li> <li>To prevent problem chronic wounds from occurring.</li> </ul> <p><b>Learning objectives</b> By the end of the session pharmacists will be able to:</p> <ul style="list-style-type: none"> <li>identify, assess and manage different wound categories.</li> <li>justify effectively the action/s for specific problem chronic wounds.</li> <li>resolve any past queries, doubts and grey areas.</li> <li>identify the need of maggot and Vacuum Assisted Closure (VAC) therapy.</li> <li>provide better advice of wound treatment for patients with problem wounds.</li> <li>provide more effective patient care.</li> </ul> <p><b>Delivered by</b> <b>Corrine Ward</b> BSc (Hons) MSc DIP Tissue Viability Nurse MDH Head, Malta Association of Skin and wound care (MASC)</p>	<p><b>Scope</b> While some benefits (vitamin D, psychological well being) do accrue from sun exposure, the downside is far more serious and includes various types of skin cancer and notoriously skin ageing. In addition deleterious effects also appear in both the eye and oral cavity. While genetic factors do play an important role, the effect of sunlight is crucial and many skin cancers for example can be prevented simply by reduction of sun exposure from childhood. In addition a number of skin eruptions are directly related to sunlight including both serious systemic illness such as lupus erythematosus and allergic eruptions as occur by contact to certain plants or in relation to certain internal medication. Sun protection exists and is effective and the pharmacist plays an important part in both the education process as well as in advising appropriate sun care.</p> <p><b>Objectives</b></p> <ul style="list-style-type: none"> <li>To provide an up to date account of the dangers of excessive sun exposure, the problems that may arise, and how these may be prevented</li> </ul> <p><b>Learning objectives</b> By the end of the session pharmacists will:</p> <ul style="list-style-type: none"> <li>better appreciate the serious dangers of excessive sun exposure</li> <li>be knowledgeable on the different types of skin damage culminating in skin cancer</li> <li>be updated on the type of medication that is prone to light allergy</li> <li>be able to confidently suggest appropriate protection measures and first line therapy where needed</li> <li>know when referral to GP or specialist is necessary</li> <li>become an important part of the <i>healthy skin team</i></li> </ul> <p><b>Delivered by</b> <b>Joseph Pace</b> MD, FRCPEdin, FRCPLond, F Coll Phys (Phila), FAAD Clinical Professor of Dermatology, Jefferson Medical College, Thomas Jefferson University, Philadelphia Secretary-General, European Academy of Dermatology &amp; Venereology Vice-President Europe, International Academy of Cosmetic Dermatology Past Foundation Chairman, Department of Dermatology &amp; Venereology, Department of Health</p>	<p><b>Scope</b> Acne in adult women is increasing dramatically in all economically advanced countries. Androgens are central to the occurrence of acne and in adult women, the PCOS is by far the most frequent cause. PCOS may also lead to serious medical conditions later in life including the metabolic syndrome. PCOS is common and increasing and may also present with hirsutism and / or a specific pigmentary disorder called acanthosis nigricans. Control of PCOS ameliorates the cutaneous manifestations but may also be indicated on a long term basis to reduce the possibility of serious complications.</p> <p><b>Objectives</b></p> <ul style="list-style-type: none"> <li>To provide an overview of aetiology, pathogenesis, clinical features and complications of PCOS and its importance in dermatology.</li> <li>To illustrate the crucial importance of diagnosing and managing PCOS.</li> <li>To provide an up to date account of the dangers of excessive sun exposure, the problems that may arise, and how these may be prevented</li> </ul> <p><b>Learning objectives</b> By the end of the session pharmacists will:</p> <ul style="list-style-type: none"> <li>have a better understanding of the PCOS.</li> <li>understand why and how it can be managed.</li> <li>understand the contribution of the pharmacist in early diagnosis and consequent successful treatment</li> </ul> <p><b>Delivered by</b> <b>Joseph Pace</b> MD, FRCPEdin, FRCPLond, F Coll Phys (Phila), FAAD Clinical Professor of Dermatology, Jefferson Medical College, Thomas Jefferson University, Philadelphia Secretary-General, European Academy of Dermatology &amp; Venereology Vice-President Europe, International Academy of Cosmetic Dermatology Past Foundation Chairman, Department of Dermatology &amp; Venereology, Department of Health</p>	<p><b>Scope</b> Psoriasis is a common, inflammatory dermatosis which is often inherited and sometimes associated with disorders of the joints and nails. There are different morphological forms of psoriasis, the commonest of which is characterised by erythematous, scaly plaques especially over the elbows, knees and scalp. The condition is chronic and can have a major impact on quality of life. Although psoriasis cannot be cured permanently, correct treatment can significantly improve the condition.</p> <p><b>Objectives</b></p> <ul style="list-style-type: none"> <li>To briefly describe epidemiology, pathogenesis, clinical features, differential diagnosis and complications of psoriasis</li> <li>To give an overview of topical, systemic and other treatments available to treat mild to moderate and severe psoriasis</li> </ul> <p><b>Learning objectives</b> By the end of the session pharmacists will:</p> <ul style="list-style-type: none"> <li>have a better understanding of what psoriasis is and how it presents</li> <li>have a better idea of the treatments that are available for psoriasis</li> <li>be in a better position to inform patients about simple over the counter preparations that may benefit patients with psoriasis</li> </ul> <p><b>Delivered by</b> <b>Michael Boffa</b> MD, FRCP, FAAD, MSc(Derm)(Lond), DDerm(Lond), DGUM(Lond) Consultant Dermatologist &amp; Senior Lecturer in Dermatology</p>	<p><b>Scope</b> Acne is a very common dermatological problem especially affecting adolescents but also to a certain extent adult females. The morphology consists of inflammatory and/or comedonal lesions involving the face in most cases and/or the trunk in about 50% of males. Inadequate or inappropriate treatment of acne may lead to unsightly permanent scarring. The psychological impact of acne should never be underestimated. A whole range of effective medical treatment is nowadays available for treating the various forms of acne ranging from mild to severe cases.</p> <p><b>Objectives</b></p> <ul style="list-style-type: none"> <li>To provide an overview of aetiology, pathogenesis, clinical features and complications of acne.</li> <li>To dispel misconceptions and myths related to acne.</li> <li>To highlight the importance of timely appropriate management of acne, and review the various treatment options currently available for acne.</li> </ul> <p><b>Learning objectives</b> By the end of the session pharmacists will:</p> <ul style="list-style-type: none"> <li>have a better understanding of what causes acne and its natural history.</li> <li>be familiar with the various presentations of acne.</li> <li>be well informed about the range of treatment available for acne.</li> </ul> <p><b>Delivered by</b> <b>Lawrence Scerri</b> MD, FRCP (Lond. &amp; Glasg.), CCST Derm (UK), FAAD Chairman, Department of Dermatology &amp; Venereology Senior Lecturer, University of Malta Board Director, European Academy of Dermatology &amp; Venereology Board Director, International Academy of Cosmetic Dermatology</p>	<p><b>Scope</b> Cutaneous drug eruptions are one of the commonest types of adverse reaction to drug therapy. Almost any medicine can induce skin reactions. Some may be serious and potentially life threatening. It is important that skin reactions are identified and documented so that recurrences can be prevented.</p> <p><b>Objectives</b></p> <ul style="list-style-type: none"> <li>To provide an overview of common, serious and distinctive cutaneous reactions</li> </ul> <p><b>Learning objectives</b> By the end of the session, pharmacists will:</p> <ul style="list-style-type: none"> <li>be familiar with the more common and important adverse skin reactions</li> <li>be able to evaluate drug associated rashes</li> <li>be able to provide advice on management of these conditions</li> </ul> <p><b>Delivered by</b> <b>Paul Gatt</b> MD, FRCP (Edin) Consultant Dermatologist, Boffa Hospital</p>
<p><b>Date</b> Tuesday, 27 January 2009 <b>Time</b> 19:30 for 20:00 <b>Venue</b> Lecture Centre, Car park 2 University of Malta <b>Book by</b> Tuesday, 20 January 2009</p> <p>This workshop provides 4 credits towards the MCPP continuing education requirement.</p>	<p><b>Date</b> Tuesday, 3 February 2009 <b>Time</b> 19:30 for 20:00 <b>Venue</b> Lecture Centre, Car park 2 University of Malta <b>Book by</b> Tuesday, 27 January 2009</p> <p>This workshop provides 4 credits towards the MCPP continuing education requirement.</p>	<p><b>Date</b> Wednesday, 11 February 2009 <b>Time</b> 19:30 for 20:00 <b>Venue</b> Lecture Centre, Car park 2 University of Malta <b>Book by</b> Wednesday, 3 February 2009</p> <p>This workshop provides 4 credits towards the MCPP continuing education requirement.</p>	<p><b>Date</b> Tuesday, 17 February 2009 <b>Time</b> 19:30 for 20:00 <b>Venue</b> Lecture Centre, Car park 2 University of Malta <b>Book by</b> Tuesday, 11 February 2009</p> <p>This workshop provides 4 credits towards the MCPP continuing education requirement.</p>	<p><b>Date</b> Tuesday, 24 February 2009 <b>Time</b> 19:30 for 20:00 <b>Venue</b> Lecture Centre, Car park 2 University of Malta <b>Book by</b> Tuesday, 17 February 2009</p> <p>This workshop provides 4 credits towards the MCPP continuing education requirement.</p>	<p><b>Date</b> Tuesday, 3 March 2009 <b>Time</b> 19:30 for 20:00 <b>Venue</b> Lecture Centre, Car park 2 University of Malta <b>Book by</b> Tuesday, 24 February 2009</p> <p>This workshop provides 4 credits towards the MCPP continuing education requirement.</p>

**PHARMACEUTICAL CARE**

*...is the responsible provision of drug therapy for the purpose of achieving definite outcomes that improve a patient's quality of life...  
...is provided for the direct benefit of the patient and the pharmacist is responsible directly to the patient for the quality of that care."*