

THE MALTA COLLEGE OF PHARMACY PRACTICE
PROFESSIONAL DEVELOPMENT PROGRAMME - WINTER 2013

IS BEING SUPPORTED BY



Malta College
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MALTA COLLEGE OF PHARMACY PRACTICE

CONTINUING PROFESSIONAL DEVELOPMENT PROGRAMME WINTER 2013

Renewal of Membership

October 2012 - September 2013

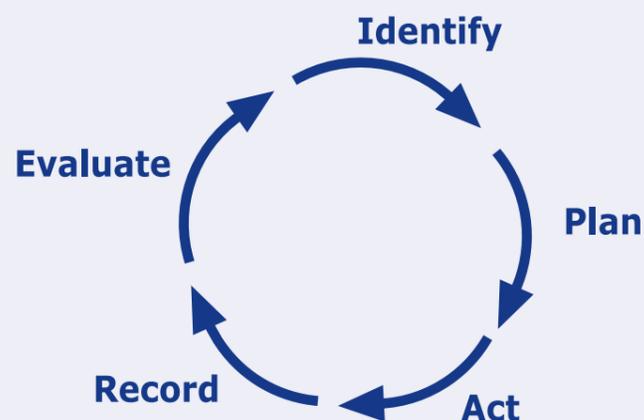
- €22 Full Member (≥30 credits)
- €25 Associate Member (< 30 credits)
- €25 New Member

For clarification of membership status and amount payable you may send an email to: registrar@mcppnet.org

In the interest of efficiency we would like to urge pharmacists to pay their membership in advance. Cheques should be made payable to: The Malta College of Pharmacy Practice. Cheques should be mailed to: Dr Maria Cordina, President, Malta College of Pharmacy Practice, c/o Department of Clinical Pharmacology & Therapeutics, University of Malta, Msida

in collaboration with
Department of Clinical Pharmacology & Therapeutics
University of Malta

Continuing Professional Development Cycle



- Identify knowledge gaps through personal assessment
- Select appropriate learning activities
- Participate in activities
- Document activities as proof of participation
- Evaluate the success of your activity

Session	Date	Book by
1 Care of newborn baby	16 January	9 January
2 Weaning	23 January	16 January
3 GORD	30 January	23 January
4 Skin conditions	6 February	30 January
5 Type 1 diabetes	13 February	6 February
6 Common ailments	20 February	13 February

Exclusive attendance

All registered pharmacists are invited to become members of the Malta College of Pharmacy Practice and attend. Only registered **pharmacists** are eligible to become members of the College and thus participate in the events organised.

Students wishing to attend should send an email to: president@mcppnet.org

BOOKING

may be placed preferably by email
info@mcppnet.org

Update your details online
www.mcppnet.org

Caring for Children



Dear Colleague

Pharmacists are often asked for advice regarding infants, babies and older children. This advice is sometimes related to the general health and wellbeing and other times to medical conditions. We have therefore felt it necessary to provide you with an update in the field of paediatrics through a multidisciplinary approach. We would very much like to thank our speakers for their contribution and our sponsors for their ongoing support.

Maria Cordina

BPharm(Hons), PhD(QUB), Dip Health Outcomes Research
President, Malta College of Pharmacy Practice

PHARMACEUTICAL CARE

*...is the responsible provision of drug therapy for the purpose of achieving definite outcomes that improve a patient's quality of life...
...is provided for the direct benefit of the patient and the pharmacist is responsible directly to the patient for the quality of that care."*

C.D. Hepler

SESSION 1**Care of the newborn baby****Scope**

Having a baby can be a great challenge, even more so for first time parents, especially if these have never held a baby in their arms.

Many expectant couples think "to the birth" and hope that everything "will fall in place". But once baby is born, they step right into the terrifying world of parenthood.

There is no perfect baby nor is there a perfect parent. Each baby is an individual and has to be treated as such.

Unfortunately, new parents are bombarded with conflicting and sometimes contradictory advice on perfectly natural issues such as breastfeeding and nurturing. New parents are extremely vulnerable and easily confused. The pharmacist plays an important role by offering correct, non biased and factual advice.

Objectives

- To combat conflicting and contradictory advice being given to new parents
- To discuss the needs of a newborn baby
- To discuss the care of a newborn baby
- To discuss minor ailments, which many times require little or no care
- Knowing when to refer

Learning objectives

By the end of the session, pharmacists will:

- Have knowledge of important aspects of Baby care, including breastfeeding, sleeping, calming a crying baby;
- Have increased confidence in giving advice regarding certain minor ailments, e.g. colic, constipation, etc;
- Know when to refer for expert advice.

Delivered by

Marie-Louise Bugeja SRN, SCM
Midwifery Manager; Parentcraft Co-ordinator

Date Wednesday, 16 January 2013
Time 19:45 for 20:00
Venue Lecture Centre, Car park 2
University of Malta
Book by Wednesday, 9 January 2013

This workshop provides 4 credits towards the MCPP continuing education requirement.

SESSION 2**Weaning Babies****Scope**

Weaning, or the introduction of solid foods, is an important step in infant development. Milk alone does not continue to provide adequate nutrition for the growing infant after about six months of age and it must be supplemented by a variety of foods. The weaning process can be challenging to parents, but with encouragement and advice, they can start their children on the right track of healthy nutrition and good eating habits.

Objectives

- To discuss the purpose of weaning.
- To provide an overview of current weaning practices.
- To give practical advice about weaning.
- To discuss common pitfalls.

Learning objectives

By the end of the session pharmacists will be able to:

- Have up-to-date information on weaning.
- Better appreciate the importance of correct weaning practices.
- Confidently advise parents about weaning.

Delivered by

Joseph Mizzi MD MRCP MRCPC
University of Malta, Medical School
Resident Specialist, Mater Dei Hospital

Date Wednesday, 23 January 2013
Time 19:45 for 20:00
Venue Lecture Centre, Car park 2
University of Malta
Book by Wednesday, 16 January 2013

This workshop provides 4 credits towards the MCPP continuing education requirement.

SESSION 3**Challenges in the pharmaceutical care of infants presenting with gastro-oesophageal reflux disease****Scope**

Gastro-oesophageal reflux represents the most common gastroenterologic disorder that leads to referral to a paediatric gastroenterologist during infancy. Pharmaceutical care in children presents a number of challenges. Lack of evidence on the use of medicines in children leads to uncertainty in dosing and increases the risk of medication errors. In addition, many of the medicines that are administered to children are unlicensed or are used outside their licence (off-label use), thereby increase the risk of medication errors.

Objectives

- To provide an overview of symptoms of GORD in infants
- To provide an overview of the pharmacological management of GORD and challenges associated with the pharmaceutical care of this condition in infants
- To discuss the challenges associated with the administration of medications via enteral feeding tubes

Learning Objectives

By the end of the session pharmacists will:

- Have a better understanding of the symptoms associated with GORD in infants
- Have updated their knowledge on the management of GORD in infants
- Have a better understanding of the challenges associated with the provision of medications in the paediatric population and paediatric patients with enteral feeding tubes.

Delivered by

Ann-Marie Cassar Flores
BPharm (Hons), MSc Clinical Pharmacy (Aberdeen)
Medicines and Poisons Information Section,
Mater Dei Hospital

Date Wednesday, 30 January 2013
Time 19:45 for 20:00
Venue Lecture Centre, Car park 2
University of Malta
Book by Wednesday, 23 January 2013

This workshop provides 4 credits towards the MCPP continuing education requirement.

SESSION 4**Skin infections and infectious rashes in children****Scope**

Skin conditions commonly present in children. They range from mild rashes to potentially life threatening conditions. The skin infections may be caused by viruses, bacteria or other organisms. It is important for pharmacists to be able to differentiate appropriately and manage or refer as necessary.

Objectives

- To provide an overview of common skin conditions
- To highlight which of these conditions are potentially life threatening
- To discuss their appropriate management

Learning objectives

By the end of the session pharmacists will:

- Be in a better position to identify of different skin infections,
- Be in a better position to identify exanthemata and rashes related to infections.

Delivered by

Simon Attard Montalto
MBChB, MD (L'pool), FRCP, FRCPC, DCH
Chairman Dept of Paediatrics MDH
Head, Department of Paediatrics,
The Medical School, University of Malta

Date Wednesday, 6 February 2013
Time 19:45 for 20:00
Venue Lecture Centre, Car park 2
University of Malta
Book by Wednesday, 30 January 2013

This workshop provides 4 credits towards the MCPP continuing education requirement.

SESSION 5**Type 1 diabetes mellitus in childhood and adolescence****Scope**

Type 1 diabetes mellitus is the third commonest chronic disease of childhood, and its incidence is increasing in Malta as well as worldwide. The management is often complicated, challenging and dynamic, involving the interplay of pharmacological, nutritional, physiological and lifestyle variables. The development of diverse insulin products with a range of pharmacological properties over recent years has led to a vast improvement in the glycaemic control of diabetic children. Unfortunately, this same advantage can, at times, lead to confusion among health care professionals as to the best choice of insulin regimen, to the detriment of the patient.

Objectives

- To provide an overview of childhood type 1 diabetes
- To emphasize the therapeutic goals in childhood type 1 diabetes
- To describe the different insulin products and their properties
- To describe how different insulin regimens are used according to individual patient needs

Learning objectives

By the end of the session, pharmacists will:

- Better understand childhood type 1 diabetes
- Have an improved understanding of the properties of the various insulin products
- Understand how insulin regimens are constructed and adapted

Delivered by

John Torpiano MD, FRCP(Lond), FRCPC
Consultant Paediatric Endocrinologist,
Mater Dei Hospital
Visiting Senior Lecturer, University of Malta

Date Wednesday, 13 February 2013
Time 19:45 for 20:00
Venue Lecture Centre, Car park 2
University of Malta
Book by Wednesday, 6 February 2013

This workshop provides 4 credits towards the MCPP continuing education requirement.

SESSION 6**Common ailments in childhood****Scope**

The complaints and questions with which carers may approach community pharmacists are legion. This talk will focus on a wide assortment of such conditions and will guide the pharmacist with regard to type of advice and when to refer on for further assessment by other health care professionals.

Objectives

To review the following important issues:

- Accidents as common dangers that can be potentially avoided.
- Convulsions
- Bleeding
- Choking
- Sun exposure
- Insect bites
- Fever
- Sleeping and cot death
- Coughs and colds

Learning objectives

By the end of the session, pharmacists will:

- Better able to advice on the prevention of accidents and child safety issues
- Have increased familiarity with common childhood ailments
- Be in a better position to manage presenting complaints

Delivered by

Victor Grech
MD, PhD (Lond.), PhD (Melit.), FRCPC, MRCP(UK), DCH
Consultant Paediatrician (Cardiol)
Associate Professor of Paediatrics, University of Malta
Editor-in-Chief, Images Paediatr Cardiol
www.impaedcard.com
Academic Registrar & Webmaster,
Maltese Cardiac Society www.maltime.com/mcs

Date Wednesday, 20 February 2013
Time 19:45 for 20:00
Venue Lecture Centre, Car park 2
University of Malta
Book by Wednesday, 13 February 2013

This workshop provides 4 credits towards the MCPP continuing education requirement.