

**THE MALTA COLLEGE OF PHARMACY PRACTICE**  
PROFESSIONAL DEVELOPMENT PROGRAMME - WINTER 2014

IS BEING SUPPORTED BY



Malta College  
of Pharmacy Practice

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**MALTA COLLEGE OF PHARMACY PRACTICE**

CONTINUING PROFESSIONAL DEVELOPMENT PROGRAMME WINTER 2014

**Renewal of Membership**

October 2013 - September 2014

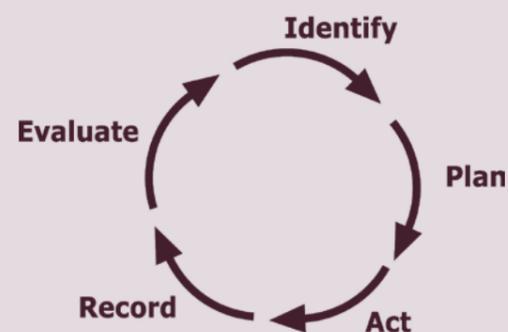
- €22 Full Member (≥30 credits)
- €25 Associate Member (< 30 credits)
- €25 New Member

For clarification of membership status and amount payable you may send an email to: registrar@mcppnet.org

In the interest of efficiency we would like to urge pharmacists to pay their membership in advance. Cheques should be made payable to: The Malta College of Pharmacy Practice. Cheques should be mailed to: Prof. Maria Cordina, President, Malta College of Pharmacy Practice, c/o Department of Clinical Pharmacology & Therapeutics, University of Malta, Msida

in collaboration with  
Department of Clinical Pharmacology & Therapeutics, University of Malta  
Pharmacy Section, Rehabilitation Hospital Karin Grech

**Continuing Professional Development Cycle**



- Identify knowledge gaps through personal assessment
- Select appropriate learning activities
- Participate in activities
- Document activities as proof of participation
- Evaluate the success of your activity

**14-15 March 2014** Pharmaceutical Care Network Europe will be holding the PCNE Symposium in Malta. MCPP will be accrediting this meeting. Further information may be obtained from [www.pcne.org](http://www.pcne.org)  
*Special registration for Maltese participants*

Session	Date	Book by
1 Parkinsonism	15 January	8 January
2 Dementia	22 January	15 January
3 Antibiotic use	29 January	22 January
4 Frailty	5 February	29 January
5 Medicines optimisation	12 February	5 February
6 Community services	19 February	12 February

**Exclusive attendance**

All registered pharmacists are invited to become members of the Malta College of Pharmacy Practice and attend. Only registered **pharmacists** are eligible to become members of the College and thus participate in the events organised.

Students wishing to attend should send an email to: [president@mcppnet.org](mailto:president@mcppnet.org) | SMS: 7920 9249

**BOOKING**

may be placed preferably by email  
[info@mcppnet.org](mailto:info@mcppnet.org)

**Update your details online**  
[www.mcppnet.org](http://www.mcppnet.org)



**Delivering  
pharmaceutical  
care to  
older persons**

**Dear Colleagues**

During this winter session we are focusing on an area which is of paramount importance and of interest to all practitioners. Following the multi disciplinary conference entitled 'Improving medication use in older persons' organised by the office of the Commissioner for Mental Health and Older Persons, the need for an increased pharmacist's contribution to this vulnerable group of patients was clearly evident. We are therefore supporting pharmacists in this challenging task by providing the opportunity to interact with committed experts in the field. This session is being organised in collaboration with the Pharmacy Section at Karin Grech Hospital. The team of pharmacist at KGH was instrumental in the developing of this programme. We would like to thank all our speakers for accepting our invitation, as well as our sponsors, without whose financial support this session would not have been possible.

**Maria Cordina**

BPharm (Hons) (Melit) PhD (QUB)

President, Malta College of Pharmacy Practice

**PHARMACEUTICAL CARE**

*...is the responsible provision of drug therapy for the purpose of achieving definite outcomes that improve a patient's quality of life...  
...is provided for the direct benefit of the patient and the pharmacist is responsible directly to the patient for the quality of that care."*

C.D. Hepler

**Session 1****Parkinsonism and Parkinson's Disease****Scope**

Parkinsonism is an umbrella term used to describe a family of diseases that manifest themselves with slow movement. It is important to distinguish among the various diseases of this group for optimal pharmacotherapy.

**Objectives**

- To provide an overview of the Parkinsonian Syndromes
- To describe the different drug treatments available in Parkinson's Disease

**Learning objectives**

By the end of this session, pharmacists will:

- Have a better understanding of the various Parkinsonian Syndromes
- Have a sound knowledge of drug treatments in Parkinson's Disease
- Have increased confidence in counselling patients on the use of drugs used in Parkinson's Disease

**Delivered by****Peter Ferry**

MD FRCP MSc PG Dip Ger Dip ORT Cert Med Ed  
Consultant Geriatrician  
Senior lecturer, University of Malta

**Date** Wednesday, 15 January 2014  
**Time** 19:45 for 20:00  
**Venue** Lecture Centre, Car park 2  
University of Malta  
**Book by** Wednesday, 8 January 2014

This workshop provides 4 credits towards the MCPP continuing education requirement.

**Session 2****Use and limitations of psychotropics in management of behavioural & psychological problems in dementia****Scope**

Psychotropics are a class of drugs which are regularly prescribed in the management of behavioural & psychological problems in dementia. During this session the presentation, assessment, and management guidelines for BPSD indications will be discussed. To enhance optimal use of these drugs, the evidence based will be presented. In addition a risk-benefit analysis and duration of treatment will be discussed. Alternatives to the use of psychotropics will be examined.

**Objectives**

- To recognize the diverse presentation and aetiology of behavioural and psychological problems in dementia
- To appreciate the appropriate indications for psychotropic use and the alternative strategies available
- To discuss an individualized risk-benefit approach in the management of BPSD

**Learning objectives**

By the end of this session, pharmacists will:

- Be better prepared to recognise the presentation of BPSD
- Have a deeper understanding of the aetiology of BPSD;
- Have increased familiarity with Management Guideline For BPSDs
- Be aware of non-pharmacological interventions
- Have increased competence regarding the use of Psychotropic Medications in BPSD

**Delivered by****David C. Mamo**

MD, MSc (Lon), MS (Toronto), FRCP, Dipl. ABPN, FAPA  
Consultant Psychiatrist  
with Special Interest in Geriatric Psychiatry  
Associate Professor of Psychiatry, University of Malta

**Date** Wednesday, 22 January 2014  
**Time** 19:45 for 20:00  
**Venue** Lecture Centre, Car park 2  
University of Malta  
**Book by** Wednesday, 15 January 2014

This workshop provides 4 credits towards the MCPP continuing education requirement.

**Session 3****Antibiotic use in the elderly with emphasis on LUTIs****Scope**

Age related physiological changes have important implications on antibiotic therapy. But other factors do play a role in optimising therapy and minimising side-effects. The challenges and common pitfalls of antibiotic therapy in the elderly will be discussed. The relevance of antibiotic therapy in lower urinary tract infections (LUTIs) will be evaluated. LUTIs are one of the most common causes of infections in the elderly and are a growing concern due to the rapid development of drug resistance strains of microbes.

**Objectives**

- To provide an overview of with factors contribute to increased antibiotic use in the elderly
- To highlight risks associated with such therapy – side-effects including allergies, and drug interaction
- To understand the rationale behind the empirical treatment of LUTIs

**Learning objectives**

By the end of the session pharmacists will

- Be in a better position to give advice to optimise antibiotic therapy
- Be aware of potential drug interaction especially with OTC medication which can result in therapeutic failure
- Have an updated knowledge on the local guidelines for LUTIs and the relevance of dip stick tests in the diagnosis of LUTIs in the elderly

**Delivered by****Ian Mifsud**

B.Pharm (Hons), MSc Env. Mgt. PG Cert Clinical Pharmacy (QUB)  
Senior Pharmacist  
Rehabilitation Hospital Karin Grech

**Date** Wednesday, 29 January 2014  
**Time** 19:45 for 20:00  
**Venue** Lecture Centre, Car park 2  
University of Malta  
**Book by** Wednesday, 22 January 2014

This workshop provides 4 credits towards the MCPP continuing education requirement.

**Session 4****Frailty****Scope**

There are an increasing number of publications and discussions on the subject of frailty. That frail older persons exist is undisputed. That they are vulnerable and at risk, even from medications is also readily understood and such terms are usually incorporated in definitions of frailty. However, an acceptable frailty tool that measures, grades and classifies subgroups of older persons, in order to guide clinical practice, is still proving elusive and controversial even within geriatric circles.

**Objectives**

- To define frailty
- To demonstrate that a spectrum of older persons exists based on their frailty status
- To provide an overview of some of the different tools available to measure frailty in clinical practice. To give examples of how frail older persons are at risk especially from the potential adverse effects of medications

**Learning Objectives**

By the end of the session pharmacists will:

- Have a better understanding of the concept of frailty
- Appreciate its importance in clinical practice
- Become even more cautious in recommending medications in this subgroup of older persons

**Delivered by:****Anthony Fiorini**

MBChB (Dundee) FRCP (London) MD (Dundee)  
Consultant Geriatrician  
Rehabilitation Hospital Karin Grech

**Date** Wednesday, 5 February 2014  
**Time** 19:45 for 20:00  
**Venue** Lecture Centre, Car park 2  
University of Malta  
**Book by** Wednesday, 29 January 2014

This workshop provides 4 credits towards the MCPP continuing education requirement.

**Session 5****Medicines optimisation in older persons****Scope**

Medicines optimisation is a key component of healthcare provision to older persons. This involves the use of the most clinically beneficial and cost effective medicines whilst ensuring that medicines use is as safe as possible. Achieving the best possible outcomes also requires a partnership with the patient whereby patient needs and preferences are considered. Medicines optimisation is an ongoing process that needs to be incorporated in our practice.

**Objectives**

- To provide information on challenges relating to medicines use in older persons
- To highlight the process of pharmaceutical care issue identification
- To discuss the recommended approach to these issues

**Learning Objectives**

By the end of the session pharmacists will:

- Have a better understanding of pharmaceutical care issues relating to medicines use in older persons
- Become more able to identify care issues
- Become more able to contribute to the optimisation of treatment

**Delivered by****Marise Gauci**

BPharm (Hons), MSc Clinical Pharmacy (QUB)  
Principal Pharmacist  
Rehabilitation Hospital Karin Grech

**Date** Wednesday, 12 February 2014  
**Time** 19:45 for 20:00  
**Venue** Lecture Centre, Car park 2  
University of Malta  
**Book by** Wednesday, 5 February 2014

This workshop provides 4 credits towards the MCPP continuing education requirement.

**Session 6****Community support services for older persons****Scope**

Older persons in the community often require support in order to continue living as independently as possible. However, older persons and their family members will not always know from where to seek help or what type of help is available. When visiting their local pharmacy, older persons and their family members will try to seek help from their pharmacist. In view of this, it is important for pharmacists to have an overview of community services available for older persons.

**Objectives**

- To provide a brief overview of the possible difficulties encountered by older persons and their family members
- To equip pharmacists with a general overview of community services available for older persons and their family members
- To provide pharmacists with information regarding how older persons and their family members can access such services

**Learning Objectives**

By the end of the session pharmacists will:

- Have a better understanding of the difficulties faced by older persons and their carers
- Be knowledgeable of the community services available for older persons
- Be in a better position to advise older persons and their carers on how to access these services

**Delivered by****Theresa Micallef**

MHRM&D (Leicester); MGer.; B.A.(Psy & Soc. Stud.); P.G.Dip.Soc.Wrk.  
Head of Social Work Services  
Rehabilitation Hospital Karin Grech

**Date** Wednesday, 19 February 2014  
**Time** 19:45 for 20:00  
**Venue** Lecture Centre, Car park 2  
University of Malta  
**Book by** Wednesday, 12 February 2014

This workshop provides 4 credits towards the MCPP continuing education requirement.