



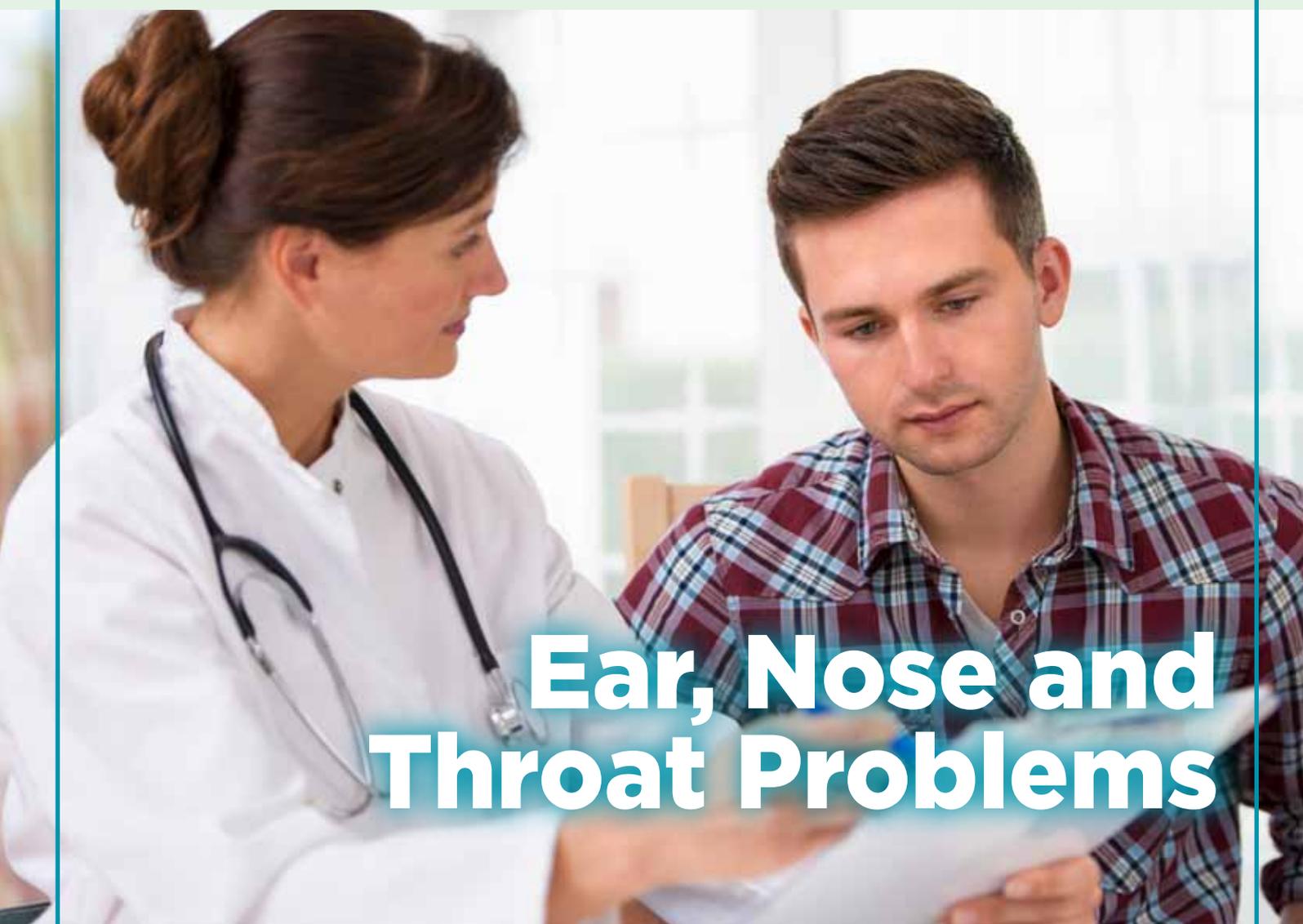
Malta College
of Pharmacy Practice

www.mcppnet.org

MALTA COLLEGE OF PHARMACY PRACTICE

CONTINUING PROFESSIONAL DEVELOPMENT PROGRAMME WINTER 2016

in collaboration with
Department of Clinical Pharmacology & Therapeutics, University of Malta



Ear, Nose and Throat Problems

DEAR COLLEAGUES,

During this winter session we are focusing on Ear, Nose and Throat problems. Pharmacists are often consulted about many common conditions related to common ENT problems and an update on current practices and appropriate medicines use in this area is warranted. We have a panel of experts in the field who will be giving us an update which will contribute to helping us provide improved patients care leading to better health outcomes.

We would like to thank all our speakers for accepting our invitation, as well as our sponsors.

Maria Cordina

BPharm (Hons) (Melit) PhD (QUB)

President, Malta College of Pharmacy Practice

SESSION 1**Management of nasal obstruction****Scope**

Nasal obstruction is the commonest symptom in nasal conditions and may be due to a variety of causes. Correct diagnosis is important as it influences treatment, both medical and surgical.

Objectives

- To discuss the main causes of nasal obstruction
- To give a brief overview of nasal conditions needing medical treatment and those needing surgery and the age groups concerned
- To discuss the different varieties of medication available, and their contra-indications

Learning objectives

By the end of the session the pharmacists will be able to:

- Understand and recognize the main causes of nasal obstruction
- Understand the differences between rhinitis and sinusitis
- Recognize the implications of adenoid hypertrophy

Delivered by**Adrian M Agius**

MD, PhD, FRCS(Ed), M Med Sc (Bham)
ENT Surgeon

DATE Wednesday 3 February 2016
TIME 19:45 for 20:00
VENUE Lecture Centre,
University of Malta

This workshop provides 4 credits towards the MCPP continuing education requirement.

SESSION 2**Is sinus pain really sinusitis?****Scope**

Facial pain affects 25% of all rhinology patients, particularly females in their 30's and early 40's. Although facial pain is associated with sinus pathology due to anatomical proximity, treatment with courses of antibiotics and decongestants has been frequently unsuccessful and it tends to recur even after surgery. It is now thought that this pain is of neurological origin. This presentation analyses current thought and research in this area.

Objectives

- To examine the evidence available on the causes of facial pain
- To review the pathophysiology of facial pain and its treatment
- To describe the long-term outlook of such patients

Learning objectives

By the end of the session pharmacists will:

- Understand pain pathways in the head and neck
- Be aware of the categories of facial pain
- Know more about the clinical analysis and present management of patients with facial pain

Delivered by**Adrian M Agius**

MD, PhD, FRCS(Ed), M Med Sc (Bham)
ENT Surgeon

DATE Thursday 11 February 2016
TIME 19:45 for 20:00
VENUE Lecture Centre,
University of Malta

This workshop provides 4 credits towards the MCPP continuing education requirement.

SESSION 3**Vocal hygiene and care of the professional vocal performer****Scope**

Taking care of the voice is paramount to professional vocal performers, including teachers, singers, presenters, gym instructors or coaches. The physiology of vocal function and what can go wrong will be looked at.

Objectives

- To understand the pathophysiology of hoarseness
- To be familiar with common measures to protect against vocal dysfunction or development of nodules
- To provide a review of basic vocal hygiene methods

Learning objectives

By the end of the session pharmacists will:

- Be able to give their clients advice on how to protect their voice
- Be able to advice on daily lifestyle measures to adopt re voice hygiene
- Be familiar with the importance of taking any prophylactic medications

Delivered by**Alec Lapira**

MD; MA (Leeds); MSc (Lon);
DLORCS; Au.D; FAAA.
ENT specialist & Audiological Physician
Lecturer UoM; Adjunct Prof Nova
SE University, Florida

DATE Wednesday 17 February 2016
TIME 19:45 for 20:00
VENUE Lecture Centre,
University of Malta

This workshop provides 4 credits towards the MCPP continuing education requirement.

PHARMACEUTICAL CARE

*...is the responsible provision of drug therapy for the purpose of achieving definite outcomes that improve a patient's quality of life...
...is provided for the direct benefit of the patient and the pharmacist is responsible directly to the patient for the quality of that care*

C.D. Hepler

SESSION 4

Recurrent ear infections and hearing loss – What to do?

Scope

Otalgia is one of the commonest symptoms expressed by ENT patients and it is usually related to an underlying infection. However, this is not always the case. Other symptoms such as hearing loss can be associated to such conditions. General practitioners, pharmacists and ENT specialists deal with such problems on a daily basis. The Scope of this session is to discuss the various presentations of ear infections, the possible differential diagnosis and the different management options.

Objectives

- To provide a general bird's eye view on a set of ear conditions, with special reference to ear infections
- To provide some evidence based information regarding management options
- To raise awareness about some local risk factors affecting such patients

Learning objectives

By the end of the session pharmacists will be able to:

- Better appreciate and understand the management of ear infections
- Better educate and advice patients regarding prevention
- Recognise features which warrant urgent referral to a Medical Doctor/ENT Specialist

Delivered by

Kenneth Muscat

MD, MRCS (Ed), DOHNS (Ed),
F.E.B.ORL-HNS,
MSc Voice Pathology (UCL), FRCS(ENT)
ENT Specialist Registrar,
Mater Dei Hospital, Malta

DATE Wednesday 24 February 2016
TIME 19:45 for 20:00
VENUE Lecture Centre,
University of Malta

This workshop provides 4 credits towards the MCPP continuing education requirement.

SESSION 5

Vestibular migraine: Migraine or Ménière's disease?

Scope

Vestibular migraine (VM) is described as a condition with episodic vestibular crises with or without headaches and commonly presents in both Vertigo and Migraine clinics.

Objectives

- To explore the pathophysiology of VM
- To look at its genetic and aetiology and the biology behind its triggers
- To provide an overview of the pharmacological basis of its management

Learning objectives

By the end of the session pharmacists will:

- Be able to advise their clients on lifestyle and behavioural changes
- Be in a better position to advise on avoidance of migraine triggers
- Be updated on the pharmacological management

Delivered by

Alec Lapira

MD; MA (Leeds); MSc (Lon);
DLORCS; Au.D; FAAA.
ENT specialist & Audiological Physician
Lecturer UoM; Adjunct Prof Nova
SE University, Florida

DATE Wednesday 2 March 2016
TIME 19:45 for 20:00
VENUE Lecture Centre,
University of Malta

This workshop provides 4 credits towards the MCPP continuing education requirement.



SESSION 6

Sore throat: What lies under this umbrella?

Scope

Sore throat is one of the most common presenting feature in a daily pharmacist and general practitioner's practice. It encompasses a variety of conditions most of which are relatively minor whilst others may warrant an urgent review by an ENT specialist. The Scope of the session is to discuss the presentation and management of these conditions.

Objectives

- To increase awareness about the variety of conditions which can be misdiagnosed as sore throat
- To provide an overview of tonsillitis and its complication
- To provide an overview of other conditions resulting in swallowing difficulties

Learning objectives:

By the end of the session pharmacists will be able to:

- Better appreciate and understand the management of general throat problems
- Better educate and advice patients suffering from general throat problems
- Recognise features which warrant urgent referral to a Medical Doctor/ENT Specialist

Delivered by

Imed Ben Moussa

MD, MRCS (Edin), DOHNS (Engl)
Higher Specialist Trainee in ENT,
Mater Dei Hospital, Malta
Visiting Assistant Lecturer,
University of Malta

DATE Wednesday 9 March 2016
TIME 19:45 for 20:00
VENUE Lecture Centre,
University of Malta

This workshop provides 4 credits towards the MCPP continuing education requirement.



Renewal of membership

OCTOBER 2016 - SEPTEMBER 2016

- €22 Full Member (≥ 30 credits)
- €25 Associate Member (< 30 credits)
- €25 New Member

For clarification of membership status and amount payable you may send an email to: registrar@mcppnet.org

In the interest of efficiency we would like to urge pharmacists to pay their membership in advance.

Cheques should be made payable to:
The Malta College of Pharmacy Practice
Cheques should be mailed to:
Prof. Maria Cordina, President
Malta College of Pharmacy Practice
c/o Department of Clinical Pharmacology & Therapeutics
University of Malta, Msida

Exclusive attendance

All registered pharmacists are invited to become members of the Malta College of Pharmacy Practice and attend. Only registered pharmacists are eligible to become members of the College and thus participate in the events organised.

Students wishing to attend should send an email to: president@mcppnet.org | SMS: 7920 9249



- Identify knowledge gaps through personal assessment
- Select appropriate learning activities
- Participate in activities
- Document activities as proof of participation
- Evaluate the success of your activity

BOOKING

may be placed preferably by email info@mcppnet.org

Update your details online
www.mcppnet.org

DATE	TOPIC	SPEAKER
3 Feb Wednesday	Management of nasal obstruction	Adrian Agius
11 Feb Thursday	Is Sinus pain really sinusitis?	Adrian Agius
17 Feb Wednesday	Vocal Hygiene & care of the professional Voice	Alec Lapira
24 Feb Wednesday	Recurrent ear infections and hearing loss	Kenneth Muscat
2 March Wednesday	Vestibular migraine: Is it Meniere's or migraine?	Alec Lapira
9 March Wednesday	General throat and swallowing problems & tonsillitis	Imed Ben Moussa